

Sports Management and Coaching
Bachelor of Science in Sports Management and Coaching & Bachelor
of Education in Secondary Education
2025-2026

General Areas of Service: Graduates from this program are qualified to teach physical education and health at the high school level. Health educators work to encourage healthy lifestyles and wellness through educating individuals and communities about behaviors that can prevent diseases, injuries, and other health problems. They may also work in an industrial or hospital fitness program, or at a YMCA or YWCA.

Professional Training: Physical Education majors may need to spend an extra year at Walla Walla University to get their teaching certification. Graduate training is required to teach at the college level.

Job Outlook: According to the Bureau of Labor Statistics, "Employment of fitness trainers and instructors is projected to grow 19 percent from 2021 to 2031, much faster than the average for all occupations. About 65,500 openings for fitness trainers and instructors are projected each year, on average, over the decade. Incentives by businesses and insurance companies to stay physically fit to cut health care costs will increase demand for fitness workers, while greater projected enrollments in elementary and high schools will increase the number of available teaching positions. (See www.bls.gov)

Earnings: In the May 2021 salary survey, the BLS reports the median annual wage for fitness trainers and instructors as \$40,700, with the lowest 10 percent earning \$22,960 and the highest 10 percent earning \$75,940. In elementary schools, teachers earned a median wage of \$61,820 annually, while high school teachers earned \$62,420. (See www.bls.gov)

Note: Before graduation, all students must take an exit exam.

General Studies Credits Needed (39 Credits):

Foundations – Physical Activity (2)

Ways of Knowing

History (4)

Humanities (4)

Exploring Scripture (4)

Exploring SDA Life (3-4)

Ways of Engaging

Engaging in Arts (4)

Engaging in History + Philosophy (4)

Engaging in Faith (6-7)

Specific Requirements to Receive Adventist Education Certification:

RELB	(Selected from courses with RELB prefix).....	8 Credits
RELH 457	History of Adventism.....	3 Credits
RELT 202	Christian Beliefs.....	4 Credits
RELT 417	Prophetic Inspiration.....	3 Credits

Summer Quarter Options	
Offered Select Years	Hours
Legal & Ethical Aspects of Education (EDUC 425)	2
T & L: Cultural Diversity (EDUC 444)	3
Teaching Reading Skills in the Content Areas (EDUC 475)	3
Colloquium: Child Abuse (EDUC 495)	0
Small Schools (EDUC 497)	2
Teaching Elementary Phys Ed (PETH 473)	3

**HEALTH & PHYSICAL
EDUCATION DEPARTMENT**

Winter Education Complex
(509) 527-2325

Websites

[Walla Walla University](#)
[University Bulletin](#)

[Health & Physical Education](#)
[Department](#)

Faculty

Chair
[Rodd Strobel](#)

Advisor
[Rodd Strobel](#)

Professional Organizations

[American Alliance for Health, Physical](#)
[Education, Recreation & Dance](#)

Suggested Degree Path

TOTAL CREDITS REQUIRED: 192 cr. GENERAL STUDIES REQUIREMENTS: 64-69 cr. [See the Undergraduate Bulletin for Details](#)

The chart below details one suggested path a student may take to complete a bachelor's degree in Sports Management & Coaching

Freshman Year

Fall Courses	Hours
Intro to and Foundations of Education (EDUC 211)	4
Intro to Ex Science & Phys Ed (PETH 214)	2
Wellness for Living (HLTH 110)	3
Anatomy & Physiology (BIOL 121)	4
College Writing I (ENGL 121)	3
Total	16

Winter Courses	Hours
Psychology of Learning & Development (PSYC 217)	4
Physical Activity	1
Anatomy & Physiology (BIOL 122)	4
College Writing II (ENGL 122)	3
General Studies	4
Total	16

Spring Courses	Hours
Intro to SPED & Inclusive Classrooms (SPED 210)	4
Fundamentals of Speech (SPCH 101)	4
Anatomy & Physiology (BIOL 123)	4
General Studies	4
Total	16

Sophomore Year

Fall Courses	Hours
Research Writing (ENGL 223)	3
Intro to Statistics (MATH 106)	4
Principles of Coaching (PETH 145)	2
Water Safety Instructor (PETH 205)	2
Intro to Teacher Cert Program (EDUC 250)	1
General Studies	4
Total	16

Winter Courses	Hours
First Aid (HLTH 217)	2
Officiating of Sports Activities (PETH 261)	2
Coaching Team Sports (PETH 253)	2
General Studies	10
Total	16

Spring Courses	Hours
Measurement & Evaluation in Education (EDUC 390)	3
Ethics in the Health Sciences (HLTH 210)	2
Care and Prevention of Injuries (PETH 225)	2
Coaching Individual Sports (PETH 254)	2
Physical Activity – Racquet Sport	1
General Studies	6
Total	16

Junior Year

Fall Courses	Hours
Adapted Phys Ed (PETH 324)	3
Biomechanics (PETH 325)	4
Coaching Strength & Conditioning (PETH 353)	2
Secondary Classroom Management (EDUC 365)	4
Colloquium: Child Abuse (EDUC 495)	0
Cultural Diversity in Edu(EDUC 444)	3
Total	16

Winter Courses	Hours
Motor Learning (PETH 425)	4
Secondary Methods of Instruction I (EDUC 395)	2
Legal & Ethical Aspects of Education (EDUC 425)	2
Physiology of Exercise (PETH 426)	4
General Studies/Electives	4
Total	16

Spring Courses	Hours
Intro to Student Teaching (EDUC 450)	1
Coach Practicum (PETH 366)	1
Physical Activity	1
History & Philosophy of Phys Ed (PETH 493)	3
Multigrade Education (EDUC 497)	2
General Studies	8
Total	16

Senior Year – The Education Department does not recommend taking full load during student teaching

Fall Courses	Hours
Secondary Student Teaching Part I (EDUC 461)	1
Program Assessment Part 1(EDUC 451)	1
Philosophy of Education (EDUC 410)	3
Health Psychology (HLTH 370)	3
Electives	8
Total	16

Winter Courses	Hours
Secondary Student Teaching Part II (EDUC 471)	1
Program Assessment Part 2(EDUC 452)	1
Administration of Health, Phys Ed, & Recreation (PETH 484)	2
Teaching Reading Skills in the Content Areas (EDUC 475)	3
Physical Activity	1
Teaching K-12 Phys Ed(PETH 396)	4
General Studies	4
Total	16

Spring Courses	Hours
Secondary Student Teaching Part III (EDUC 481)	2-12
Total	2-12

+ Offered even years only

- Offered odd years only

*Colloquium: Eight quarters required or two quarters for every year in residence as a declared Health Science, Exercise Science, or Sports Management & Coaching Major at WWU, which

Office of Academic Advisement

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