

## Pre-Nutrition & Dietetics

### Associate of Science

2025-2026

**General Areas of Service:** Dieticians and nutritionists plan nutrition programs and supervise the preparation and serving of meals. They help prevent and treat illnesses by promoting healthy eating habits. They scientifically evaluate clients' diets and suggest modifications such as less salt for those with high blood pressure or reduced fat and sugar intake for those who are overweight. Dieticians translate the science of nutrition into the skill of furnishing optimal nourishment to people. Increased recognition of the value of nutrition in medical, dental, and health education offers the dietitian a steadily widening horizon of professional opportunities. Opportunities may also be found in healthcare research programs, food industries, state agencies, and nutritional care management.

**Professional Training:** The basic educational requirement is a bachelor's degree with a major in dietetics, foods and nutrition, food service systems management, or a related area. Students take courses in food, nutrition, institution management, chemistry, biology, microbiology, and physiology. Nutrition and Dietetics may be taken at the master's level with a bachelor's degree in health or related majors.

**Job Outlook:** According to the Bureau of Labor Statistics (BLS), "Employment of dietitians and nutritionists is projected to grow 7 percent from 2021 to 2031, about as fast as the average for all occupations. About 5,600 openings for dietitians and nutritionists are projected each year, on average, over the decade." The BLS states, "In recent years, interest in the role of food and nutrition in promoting health and wellness has increased, particularly as a part of preventative healthcare in medical settings." Dietitians with specialized training, an advanced degree, or certifications beyond the particular State's minimum requirement will experience the best job opportunities. Those specializing in renal and diabetic nutrition or gerontological nutrition will benefit from the growing number of diabetics and the aging of the population. (See [www.bls.gov](http://www.bls.gov))

**Earnings:** In their May 2021 salary survey, the Bureau of Labor Statistics reports the median annual wage for dietitians and nutritionists as \$61,650, with the lowest 10 percent earning less than \$42,530 and the highest 10 percent earning more than \$93,640. (See [www.bls.gov](http://www.bls.gov))

**Note:** The clinical portion of this degree cannot be completed at Walla Walla University.

### PRE-NUTRITION & DIETETICS

Health & Physical Education  
Department

Winter Education Complex  
(509) 527-2325

### Websites

[Walla Walla University](#)  
[University Bulletin](#)

[Pre-Profession: Nutrition & Dietetics](#)

### Faculty

Advisor  
[Gerry Larson](#)

Professional Organizations  
[Academy of Nutrition & Dietetics](#)

Additional Sources  
[Loma Linda School of Allied Health](#)  
[Nutrition & Dietetics](#)

## Suggested Degree Path

TOTAL CREDITS REQUIRED: 96 cr. [See the Undergraduate Bulletin for Details](#)

The chart below details one suggested path a student may take to complete an associate's degree in Pre-Nutrition & Dietetics. Cognates are listed in *italics*.

### Freshman Year

Fall Courses	Hours
Anatomy & Physiology ( <a href="#">BIOL 121</a> )	4
General Psychology ( <a href="#">PSYC 130</a> )	4
*Wellness for Living ( <a href="#">HLTH 110</a> )	3
College Writing I ( <a href="#">ENGL 121</a> )	3
General Studies	2
<b>Total</b>	<b>16</b>

  

Winter Courses	Hours
Anatomy & Physiology ( <a href="#">BIOL 122</a> )	4
General Sociology ( <a href="#">SOCI 204</a> )	4
Fundamentals of Speech Comm. ( <a href="#">SPCH 101</a> )	4
College Writing II ( <a href="#">ENGL 122</a> )	3
General Studies	1
<b>Total</b>	<b>16</b>

  

Spring Courses	Hours
Anatomy & Physiology ( <a href="#">BIOL 123</a> )	4
*Survey Health ( <a href="#">HLTH 205</a> )	2
Medical Terminology ( <a href="#">NRSG 234</a> )	2
General Studies	8
<b>Total</b>	<b>16</b>

### Sophomore Year

Fall Courses	Hours
General Chemistry & Lab ( <a href="#">CHEM 141 &amp; 144</a> )	4
Research Writing ( <a href="#">ENGL 223</a> )	3
Precalculus I ( <a href="#">MATH 121</a> )	4
General Studies	5
<b>Total</b>	<b>16</b>

  

Winter Courses	Hours
General Chemistry & Lab ( <a href="#">CHEM 142 &amp; 145</a> )	4
Human Nutrition ( <a href="#">HLTH 220</a> )	4
General Studies	8
<b>Total</b>	<b>16</b>

  

Spring Courses	Hours
General Chemistry & Lab ( <a href="#">CHEM 143 &amp; 146</a> )	4
Social Science Option ( <a href="#">ANTH 225</a> OR <a href="#">SOCI 236</a> )	4
*Consumer Health ( <a href="#">HLTH 331</a> )	3
Microbiology ( <a href="#">BIOL 222</a> )	5
<b>Total</b>	<b>16</b>

\*Recommended Courses:

- Wellness for Living [HLTH 110](#) .....
- Survey of Health [HLTH 205](#).....
- Consumer Health [HLTH 331](#).....

This set of classes fulfills the pre-requisites for entry into the Nutrition and Dietetics program at Loma Linda University. Students completing the following core curriculum will be awarded an AS degree in Pre-Nutrition and Dietetics. This degree may also apply to other professional programs. If you are planning on attending a different university's Nutrition and Dietetics program, please check their program requirements.

Requirements for Loma Linda University:

1. A minimum of 96 credits for admission.
2. C- grades are not accepted. A 3.0 GPA or higher is needed for acceptance.
3. High school courses in algebra and geometry required. Intermediate Algebra (MDEV 003) in college, or higher-level mathematics course recommended.

[The clinical portion of this degree cannot be completed at Walla Walla University.](#)

+ Offered even years only

- Offered odd years only